Tenaris

CORONAVIRUS
How to properly disinfect your hands?
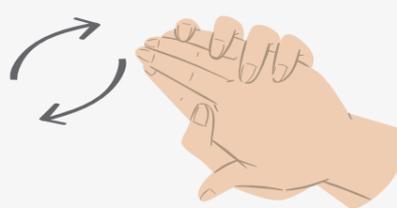
Disinfect your hands as a hygienic practice.
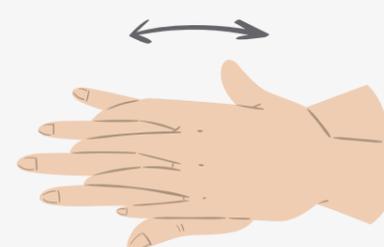**Always wash your hands whenever available.**

1
Place in the palm of your hand
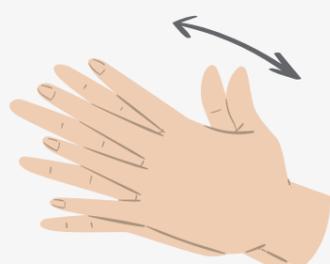a sufficient amount to cover
all surface of your hands

2
Rub the palms of
your hands together

3
Rub the palm of your right hand
over the back of your left hand,
interlacing the fingers and
vice versa

4
Rub the palms of the
hands together with
the fingers interlaced

5
Rub the back of the fingers
of your opposite hand with
the palm of the other, clutching
the fingers

6
Rub the left thumb in a rotating
motion, catching it with the palm
of the right hand and vice versa.
Repeat with the rest of the fingers

7
Rub the fingertips of your right hand
into the palm of the left, with
a rotating motion and vice versa

8
Once dry, your hands are safe.

Duration of the process:
20-30 seconds

Source: World Health Organization